

# Move More Cardiff Leadership Group Terms of Reference

<p><b>1.0 Purpose of the Group</b></p>	<p>The purpose of the Leadership Group is to drive the delivery of the Move More Cardiff Physical Activity and Sport Strategy 2022-2027 and Implementation Plan, working to achieve the Strategy's vision that <i>'Cardiff is the best city in the UK to be physically active, from walking, cycling and activity in daily life through to internationally-renowned sport'</i>.</p> <p>This Group will set the direction for the Strategy and Implementation Plan, provide leadership and advocacy for the whole systems approach, identify levers and opportunities for high level change and action, and unblock challenges across the complex system.</p>
<p><b>2.0 Objectives of the Group:</b></p>	<ol style="list-style-type: none"> <li>1) Provide strategic systems based leadership for Move More Cardiff Physical Activity and Sport Strategy 2022-2027 and Implementation Plan.</li> <li>2) Monitor progress against the Implementation Plan</li> <li>3) Embed physical activity as a central feature in policy and practice across Cardiff (i.e. planning, transport, health and social care, economic development, education, and the environment policy arenas).</li> <li>4) Build capacity and advocate for support of the Move More Cardiff Physical Activity and Sport Strategy at every opportunity across multiple sectors: policy makers; the media; private sector; city and community leaders, and the wider community</li> <li>5) Influence the development and improvement of data systems to allow population surveillance of physical activity and sedentary behaviour, across all ages and multiple domains in Cardiff.</li> <li>6) Strengthen research and evaluation capacity to support the Strategy and Implementation Plan increasing physical activity and reducing sedentary behaviour.</li> <li>7) Horizon scan for funding opportunities to expand delivery of Move More Cardiff Implementation plan</li> </ol>
<p><b>3.0 Reporting:</b></p>	<p>The Move More Cardiff Physical Activity Strategy and Implementation Plan is framed within Move More, Eat Well, but is its own distinct Strategy. Reporting will be into the Cardiff Public Services Board.</p>
<p><b>4.0 Membership</b></p>	<p>Chair: Cllr Huw Thomas (<i>Leader of Cardiff Council &amp; Chair of Cardiff Public Services Board</i>)</p> <p>Fiona Kinghorn (<i>Executive Director of Public Health, Cardiff and Vale University Health Board</i>)</p>

	<p>Councillor Peter Bradbury (<i>Cabinet Member for Culture and Leisure, Cardiff Council</i>)</p> <p>Councillor Caro Wild (<i>Cabinet member Strategic Planning &amp; Transport, Cardiff Council</i>)</p> <p>Sheila Hendrickson-Brown (<i>Chief Executive of Cardiff Cardiff Third Sector Council, C3SC</i>)</p> <p>Steve Morris (<i>OM Sport, Leisure &amp; Development, Cardiff Council</i>)</p> <p>Ben O'Connell (<i>Director of Sport, Cardiff Met University</i>)</p> <p>Stuart Vanstone (<i>Director of Sport, Cardiff University</i>)</p> <p>John Bradley (<i>Physical Activity Lead for Public Health Wales national team</i>)</p> <p><b>Sport Wales representative</b></p> <p>Rhys Jones (<i>Head of Service for GLL</i>)</p> <p>Dr Owen Thomas (<i>Reader in Sport Psychology, Cardiff Met University and Research and Evaluation Group Chair</i>)</p> <p>Operational leads (<i>Laura Williams, Cardiff Met / Lauren Idowu, Cardiff and Vale Public Health Team</i>)</p>
<b>4.1 Co-option</b>	At the discretion of the Chair: at the time the agenda is prepared, other stakeholders or external advisors may be co-opted for specific agendum items.
<b>4.2 Substitutes</b>	Members will, at the discretion of the Chair, be permitted to nominate deputies to attend the Move More Leadership Group on their behalf.
<b>4.3 Observers and Presenters</b>	Can be invited as and when required at the invitation of the Chair.
<b>4.4 In attendance</b>	Action Group Chairs (Active Environment, Active Societies, Active People) or nominated representative.
<b>5.0 Meeting procedures:</b>	<p>Meetings will be held 3-4 times per annum. Meetings shall be quorate if 50% of members are present.</p> <p>All meeting papers are distributed at least five working days prior to each meeting.</p>
<b>6.0 Review of Terms of Reference</b>	These Terms of Reference and operating arrangements shall be reviewed every two years by the Group.

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