# CARDIFF COUNCIL CYNGOR CAERDYDD



**COUNCIL: 26 NOVEMBER 2020** 

#### SOCIAL CARE, HEALTH & WELL-BEING STATEMENT

AGENDA ITEM:

### **Learning Disabilities Day Services Survey**

Learning Disabilities Day Services have remained open during the pandemic and are providing as many services as possible. What was possible previously has changed significantly due to current restrictions and the way that the team has been working with the people they support has also had to change. Before setting up a range of Covid-safe activities and opportunities, the team issued a questionnaire asking people accessing their services to tell them what they would like the team to provide and to help the team to design the service going forward during the pandemic. They also asked people to comment on their experiences over the last six months, and to make any suggestions or raise any concerns going forward for the next six months. There was a 71% response rate to the questionnaire, with many service users expressing their thanks for the restart of support and the support provided, as well as their thanks to staff teams or individual staff members. The results of the survey will be used to help inform, co-produce and support the continued provision of a wide range of activities by the Day Services team.

## 50+ Active Body Healthy Mind Virtual Christmas Festival

The countdown to Christmas has begun and while the forthcoming festivities may not be like the season that we're all usually used to, Independent Living Services are determined to spread some yuletide cheer this year. Three digital events packed with lots of singing, dancing, quizzes, seated exercises, raffles and much more are in store as part of the 50+ Active Body Healthy Mind Virtual Christmas Festival, which will be held on Microsoft Teams on Monday 30 November, Wednesday 2 December and Friday 4 December 2020. Anyone who is interested in attending is welcome to join from home via their own device.

The service's 50+ Active Body Healthy Mind festivals have proved popular in the past, bringing together partner and council services to showcase services and activities on offer in the city to help older people stay healthy and well, in body and mind. If you would like to join the events, or know someone who would be interested, please email <a href="mailto:communitycoordinator@cardiff.gov.uk">communitycoordinator@cardiff.gov.uk</a> for details of how to join the event.

#### **Dementia Friendly Cardiff Website**

I am delighted to be able to give an update on the Dementia Friendly Cardiff website that was launched last month by the Council in collaboration with Cardiff & Vale University Health Board and Alzheimer's Society Cymru. Since the launch on 1 October 2020, the website has attracted a lot of attention. There have been enquiries through the website from health professionals, organisations, carers and, of course, from people living with dementia themselves.

The website is already starting to develop into a hub for dementia supported activity within the city, currently featuring over 90 digital events that have been hosted through the website. Exciting research developments within Cardiff have also now made it onto the home pages of the website and I am grateful to the currently featured Cardiff Metropolitan University and Professor Treadaway for the innovative work she is developing to support people living with dementia in Cardiff and beyond. The website is also there to support carers and one example of that is the carer who was enabled to access digital help and equipment so that her mother is now able to enjoy the Dementia Friendly website.

823 individual users have accessed the website to date and, interestingly, nearly half of those were using mobile devices, which is a testament to the fact that the site is fully accessible whether on a laptop, tablet or mobile phone. I would encourage everyone to visit the website at: <a href="https://dementiafriendlycardiff.co.uk/">https://dementiafriendlycardiff.co.uk/</a> and let others know that it is there to support people who are living with dementia in Cardiff.

Councillor Susan Elsmore Cabinet Member for Social Care, Health & Well-being 19 November 2020