

COUNCIL

25 JANUARY 2018

MOTION 3 – AMENDMENT 2

Proposer by: Councillor Susan Elsmore

Seconder by: Councillor Lynda Thorne

Bullet Point 1 – second sentence after the words equate to add **“about”**

Bullet Point 2 – reword as follows:

- ***Loneliness can be experienced by anyone regardless of age, ethnicity, sexuality or ability;***

Delete Bullet Point 3

Bullet Point 4 – first line after research delete has and replace with **“shows”**

Bullet Point 4 at the end of the sentence insert research source ***(Holt-Lunstad, 2015);***

Bullet Point 6 – replace with ***“All sectors, including the third sector, have a pivotal role in promoting and providing services which help to address loneliness and isolation;”***

Bullet Point 7 - delete all after *well-being*

Delete all after *This Council calls on the Cabinet to:* - to bullet point 4 and replace with

Continue to develop and co-ordinate those strategies for tackling loneliness in Cardiff, including:

- (i) ***Support to older people and community groups to develop and deliver local solutions that counteract loneliness, for example the Day Opportunities Strategy;***
- (ii) ***Work with communities across the generations to foster informal structures that enable people to participate in society on their own terms, for example Preventative Services, in partnership with Cardiff City Foundation, have for the second year running facilitated an intergenerational literacy project in partnership with four local primary schools and older people;***

- (iii) ***Adult Services through the Healthy and Active Partnership (HAP) commissions targeted interventions at preventing unnecessary entry into statutory health, or social care services or to prevent or delay an increase in existing care package intervention. This is a volunteer based service which addresses the issue of social isolation and loneliness by encouraging and supporting individuals to access community facilities and activities of interest to them;***
- (iv) ***Consider innovative ways to support community groups by encouraging the use of Council facilities, for example libraries and hubs for Well-being Wednesdays;***

The Motion as amended would be as follows:

This Council notes that:

- The *Trapped in a Bubble* report estimates that 18% of people feel lonely 'always' or 'often'. This would equate to about 62,000 people in Cardiff;
- Loneliness can be experienced by anyone regardless of age, ethnicity, sexuality or ability;
- Research shows that lacking social connections is as damaging to our health as smoking 15 cigarettes a day (Holt-Lunstad, 2015);
- Research commissioned by the Eden Project estimates the cost of social isolation and disconnected communities in Wales as £2.6 billion per annum;
- All sectors, including the third sector, have a pivotal role in promoting and providing services which help to address loneliness and isolation;
- Investing in services to prevent loneliness will improve health and well-being

This Council calls on the Cabinet to:

Continue to develop and co-ordinate those strategies for tackling loneliness in Cardiff, including:

- (i) Support to older people and community groups to develop and deliver local solutions that counteract loneliness, for example the Day Opportunities Strategy;
- (ii) Work with communities across the generations to foster informal structures that enable people to participate in society on their own terms, for example Preventative Services, in partnership with Cardiff City Foundation, have for the second year running facilitated an intergenerational literacy project in partnership with four local primary schools and older people;
- (iii) Adult Services through the Healthy and Active Partnership (HAP) commissions targeted interventions at preventing unnecessary entry into statutory health, or social care services or to prevent or delay an increase in existing care package intervention. This is a volunteer based service which addresses the issue of social isolation and loneliness by encouraging and supporting individuals to access community facilities and activities of interest to them;

- (iv) Consider innovative ways to support community groups by encouraging the use of Council facilities, for example libraries and hubs for Well-being Wednesdays;
- (v) Continue to encourage schools, colleges and universities to create a culture of volunteering among their students so as to address the generational gap and encourage engagement and participation.